



Y6 PGL OSMINGTON BAY VISIT 2026

WELCOME!





PURPOSE

To develop team-working and leading skills

To increase confidence, independence and self-awareness



STAFFING

- Mrs Blissett
- Mr Gunn
- Mrs Hastings
- Miss Dakin
- Mrs McNeil
- Mrs Kewley
- Mr Dent
- Qualified Centre Staff will be in charge on all activities

SAFETY & SECURITY





- 4 beds per room
- En-Suite bathroom
- Own bedding - sheets are provided - need to bring pillows/duvets/covers

ACCOMMODATION

- Two accommodation blocks
- Adult rooms dispersed along the blocks



ACTIVITIES



Problem Solving

Sensory trail





Trapeze



Zip Wire



Climbing



Aeroball



**Jacob's
Ladder**



Giant Swing



Archery



Rifle Shooting



Vertical Challenge



Orienteering

Passport to the World

Campfire



Cluedo



FOOD

TUESDAY

JACKET POTATO (ve) GF (245kcal)
Whole baked potato served with your choice of:
Grated Cheese (v) GF (186kcal),
Baked Beans (ve) GF (97kcal) OR
Tuna Mayo GF (101kcal)

HOMEMADE CHILLI NON CARNE (ve) GF (224kcal)
Served with: White Rice (ve) GF (243kcal)

POWERING YOUR ADVENTURES WITH AN ENERGY-FUELLED LUNCH

Also available:
Ham Roll*** GF (464kcal), Tuna Mayo Roll GF (605kcal),
or Cheese Roll (v) GF (568kcal)
Tomato Soup (ve) GF (45kcal) Or
Vegetable Soup (ve) GF (52kcal)
with Petit Pain (v) GF (95kcal)
Unlimited Salad Bar

GF Gluten free. (v) Vegetarian. (ve) Vegan. GF Gluten free.
*** Where used, our ham is reformed from selected cuts of Pork with added water.
Calorie values referenced are based on an adult's portion - adults need around 2000 kcal a day.
Further information and allergen details are available on our printed menus.

The GF trademark denotes a gluten free dish as accredited by Coeliac UK. Processes and training are in place to ensure that meals on this menu are gluten free. 'Gluten free' describes food that contains gluten at a level of 20 parts per million (ppm) or less.

GF accredited by



BREAKFAST

☐ Hot Options

- Pork Sausage **GF**
British Red Tractor pork sausage in a beef casing
- Vegetable Sausage **VVEGF**
A blend of carrots, peas, onion, sweetcorn & peppers
- Baked Beans **V VE GF**
- Hash Brown **V VE GF**
- Fresh Mushrooms **V VE GF**
- Toast with Sunflower Spread & Jam **Gluten Free Alternative Available V VE**

☐ Self Serve Light Options

- Corn Flakes with Semi Skimmed Milk **Gluten Free Alternative Available V**
- Crisp Puffed Rice with Semi Skimmed Milk **V**
- Wheat Biscuits with Semi Skimmed Milk **V**
- Fat Free Natural Yoghurt **V GF**

Plant-based milk alternatives available on request

LUNCH

- ☐ **Ham Pizza** *Gluten Free Alternative Available*
*Stonebaked thin & crispy pizza base topped with tomato sauce, cheese and ham***
- ☐ **Margherita Pizza** *Gluten Free Alternative Available Vegan Alternative Available V*
Stonebaked thin & crispy base topped with tomato sauce and cheese
- ☐ **Fries** *V VE GF*

- ☐ **White Rice** *V VE GF*
- ☐ **Homemade Chilli non Carne** *V VE GF*
Plant based mince in a lightly spiced tomato sauce with red kidney beans

- ☐ **Jacket Potato** *V VE GF*
Baked potato served with a choice of two fillings
 - Baked Beans
 - Tuna Mayo
 - Grated Mature Cheddar

- ☐ **Simple Sandwiches - available on request**

- ☐ *Recharge your energy at lunch by choosing one main courses plus sides of the day. Help yourself to our unlimited salad bar & a piece of fruit. Don't forget to hydrate with our popular flavoured water.*

DINNER

☐ **Homemade Beef Lasagne**

☐ **Chicken Nuggets**

Chicken coated in a light batter*

☐ **Homemade Tomato & Vegetable Pasta Bake Topped with Vegan Sheeze™ V**

VE *Pasta in a tomato and vegetable sauce topped with vegan Sheese™ and baked*

☐ **Penne Pasta with Tomato Sauce & Grated Cheese **Gluten Free Alternative Available V****

☐ **Sides**

- Potato Wedges **V VE GF**
- Garlic Bread **V**
- Mixed Vegetables **V VE GF**
- Jacket Potato Wedges **V VE GF**

☐ **Dessert**

- Jam Doughnut **V**
- Fresh Fruit **V VE GF**



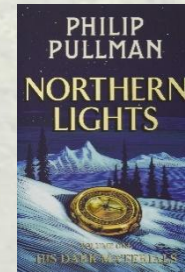
KIT!

- Travelling – school jumper/sports hoodie
- Warm coat, hat, gloves & scarf
- An outfit for each day & spares!
- Trainers x 2
- Wellies
- Waterproofs
- Regular socks
- PLEASE LABEL CLOTHING.



PERMITTED ITEMS

- Stud earrings for night (if needed)
- Watch (not smart watch)
- Torch (named)
- Book, board games, playing cards
- Teddy
- Roll-on/ stick deodorant



PROHIBITED ITEMS

NO!

- Mobile phones
- Electronic devices e.g. tablets, Kindle, smart watches, cameras
- Tablets/ iPads
- Hair dryers / straighteners
- Aerosol sprays e.g. deodorants
- Hair gel
- Glow sticks

FIRST DAY - DEPARTURE

- Children to come into school via the hall to check in at 8:35am - 9am.
- Give in ONE named purse with some money in coins if possible. (max £15)
- Give in all medicines & creams labelled, but keep blue inhalers in hand luggage / pocket.
- Timings = Coach is due to leave at 10:00am.

- Consequences:

- Time out away from any issue
- Missing part of an activity
- Missing whole of activity
- Being sent home



Ready, Respectful, Safe & Kind

+ Consequences:

- Positivity Postcards
- Room points
- Group points
- Certificates

School's Behaviour
Policy

BEHAVIOUR



RETURN DAY

We are due to leave at 2pm.

We should arrive back to school
around 4:30pm depending on traffic.

QUESTIONS?

