

E-mail:  
adminoffice@manor-junior.hants.sch.uk  
Website:  
www.manorjunior.com



Fernhill Road, Farnborough  
Hampshire, GU14 9DX  
Telephone: 01252 544072

AND RESOURCED PROVISION FOR  
HEARING IMPAIRED CHILDREN  
Headteacher: Mrs C Findlay

28<sup>th</sup> November 2025

Dear Parents and Carers,

Whilst this is a very busy time of year in school, it is such a pleasure to hear the children in Year 3 and 4 practising for their upcoming performances. The Christmas tree is being put up in the entrance hall while I am writing this and so we are starting to feel very Christmassy!

#### Christmas Post box

From Monday 1<sup>st</sup> December we will have a Christmas post box in our entrance hall. Children can write cards to their friends and our school house captains will make sure they get to the right person. Please remind your children that they need to write their friends name and class on the envelope, so that we can get the cards delivered to the right people!

#### Can your child use a knife and fork?

Having carried out a lunch duty in the lunch hall today, it is noticeable that there are many children having difficulty with using their knife and fork correctly to cut up their food. If you think this is possibly your child, please could you support them over the Christmas break to practise this important life skill at home.

#### Times tables

Learning to quickly recall times tables facts is essential. They form the foundation for quick and accurate calculations in multiplication, division, fractions, and problem-solving across all areas of maths through junior school and beyond. Children are expected to know all multiplication and division facts up to 12x12 by the end of year 4. <https://ttrockstars.com> is a fantastic way for children to build recall and confidence with their multiplication facts. Research shows that just **21 minutes per week** can make a huge difference! Please encourage your child to use '**Garage Mode**' which is targeted practice and is the quickest way to turn heat maps green. Little and often is the key—help them rock their times tables and boost their maths skills! Further information can be found here: <https://ttrockstars.com/parents/>

#### Visit from Guy Bass

It was lovely to have our annual visit from Guy Bass again last week, who came to share his books with Year 4. We were all excited to hear that a film had been made of his Stitch Head book! As always, the children found him so entertaining and it is so inspiring to hear from a published author.



### Be Bright, Be Seen!

On Friday of last week the children dressed in bright and reflective clothing to mark the annual 'Be Bright, Be Seen' campaign which highlights the importance of road safety awareness. Mr Polley ran a competition for the Year 3 pupils to design a road safety jacket in their science lessons in which they have been learning about reflection. He was very impressed with all of the entries and alongside the JRSO's they selected some winners: Christopher in 3A, Christopher in 3K and Yuvan in 3M – Well done boys!

### Weight Concerns

Following the Year 6 weighing and measuring that took place earlier this term as part of the government programme, our school nursing team have been in touch to explain that they found that 28% of pupils in Year 6 were overweight. The body mass index (BMI) measure used by healthcare professionals is a good way of finding out whether a child is a healthy weight. You can find more information about this using the following link - <https://www.nhs.uk/live-well/healthy-weight/childrens-weight/national-child-measurement-programme>

The school nursing team have offered to do some general healthy eating work with us as a school, later in the academic year, but if you have any concerns that you would like to speak to our school nurse about individually, please let us know and we can book you a session with her.

I hope you all have a lovely weekend.

Yours sincerely

Mrs C Findlay  
Headteacher