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AND RESOURCED PROVISION FOR
HEARING IMPAIRED CHILDREN
Headteacher: Mrs C Findlay

Monday 9th February 2026

Year 5 Treehouse Theatre – Vikings Versus Saxons – Dress-up Day

Dear Parents and Carers,

After half term, Year 5 will be studying Vikings. To support our learning, we are thrilled to be having a visit from The Treehouse Theatre Company on **Wednesday 25th February 2026**. The aim of the visit is for the children to perform 'A Play in a Day', titled 'Vikings Versus Saxons'.

To help us all get in the Viking mood, we would love it if everyone could dress up as a Viking. Below are some ideas for costumes.

Viking Men

Viking men wore a knee length woollen shirt called a Kirtle. They also wore a shorter undershirt made from linen or wool. A leather belt was wrapped around the kirtle. Kirtles were made of wool and would be dyed a single colour, and sometimes decorated with silk or metal. Viking men wore long cloth trousers which were generally tight fitting. They wound strips of leather up to the knee in a criss-cross pattern. Cloaks were made from rough wool or animal skins, fastened at the neck by long pins. The Vikings had long hair and long moustaches with neatly trimmed beards. When not wearing their battle helmets, the men wore hoods or fur caps.

Dress-up Ideas

- Start with a single-colour adult-sized T-shirt that falls to about your knees, and a pair of plain and neutral-coloured trousers like plain tracksuit bottoms.
- Tie a brown or black belt around your waist.
- If you'd like, you can wind a long thin strip of ribbon or string around each of your calves in a diagonal criss-cross pattern, over the top of your trouser legs.
- If you'd like a cloak, try using a small blanket folded in half to make the cloak. Use a Viking pin to hold it in place at the shoulder. You can make a Viking pin by rolling a piece of tinfoil into a thick stick, shape as you wish, and tape or glue the tinfoil pin to a safety pin.

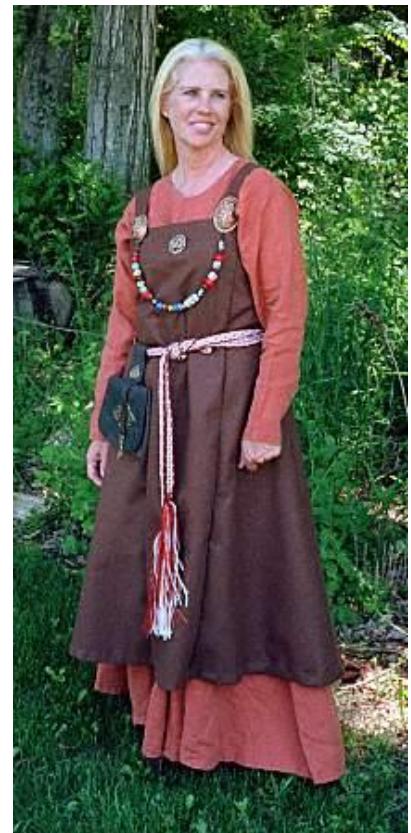


Viking Women

Viking women wore a loose woollen or linen dress and used brooches to fasten and hold it up. Sometimes they wore an over-dress held up by two shoulder straps that were fastened with oval brooches. The brooches were sometimes called 'tortoise' brooches because of their shape. The over-dress often had a band of decoration at the hem. Women used a brooch with a chain to carry and hang things they needed such as combs and scissors. Women often covered their long hair with a scarf. Viking women wore jewellery of gold and silver which included brooches, bracelets, armbands and rings. The jewellery often had intricate twisted designs or animal patterns.

Dress-up Ideas

- Start with the longest plain adult-sized T-shirt you can find, or perhaps a plain straight dress or nightdress – ideally it should come down to between your ankles and your knees.
- Alternatively, you could wear a single-coloured long sleeved top and a single-coloured long full skirt.
- Wear a long plain apron over the top, or a rectangle of cloth with string to go around your neck. Fasten brooches (tortoise shaped!) one each side where the neck strap joins the apron. If you want, you can loop a piece of string, a beaded necklace or a chain between the brooches.
- Tie a leather belt or rope around your waist. You might like to find or make some simple pouches to hang from your belt.
- If you'd like a cloak, try using a small blanket folded in half to make the cloak. Use a round brooch of some kind to pin it in place at the shoulder. You can make a brooch by cutting a circle of cardboard 3-4cm in diameter and



Kind regards,

Miss Henderson, Mrs Brown, Mrs de la Hoyde

The Year 5 Team