

1decision PSHE Knowledge Organiser

Module: Keeping/Staying Safe

Topic: Peer Pressure and Adults' & Children's Views

Year
5

Key Facts

- It is important to recognise who to trust and who not to trust and to be able to judge when a friendship is making you feel unhappy or uncomfortable
- The characteristics of friendships include: mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties

By the end of these topics, I should:

- identify strategies we can use to keep ourselves and others safe
- recognise ways to manage peer pressure
- explain the potential outcomes that may happen when we take risks
- recognise the impact and possible consequences of an accident or incident

Ask me a question!

- What is peer pressure?
- How could you help someone who is feeling pressured to do something?
- Who could you talk to if you felt pressured to do something?

I will learn the following new words/phrases:

Peer Pressure	<i>When a friend or someone you know influences you to do something you do not feel comfortable with.</i>
Encourage	<i>To give hope, confidence, or support to someone.</i>
Risk	<i>The possibility that something unpleasant or dangerous will happen.</i>
Risk assessment	<i>A systematic process of evaluating the potential risks that may be involved in a projected activity or undertaking.</i>
Support network	<i>The people in your life that help you achieve your personal and professional goals.</i>

Discussion time

Now that you've watched the first part of the video, as a class, discuss the following:

- What is happening in the clip?
- What might Robby be feeling and thinking in this situation?
- Is there any risk or danger to Alex, Robby, or Robby's friend?
- What decisions do the three friends need to make in order to stay safe?

Discussing the video



Share your ideas!

As a class or in small groups, look at the scenarios from the 'My Risk Assessment' activity and discuss the following:

- Is there a risk if yes, what is the risk?
- What actions could they take to make sure there is a positive outcome?

Scenarios